

JUVENILE DERMATOMYOSITIS COHORT BIOMARKER STUDY AND REPOSITORY
MYOMETRY

Kendall Left	MMT * Left	Myometry Left	Date		Myometry Right	MMT * Right	Kendall Right
/10			NECK	Flexors			/10
				Extensors			
			BACK	Extensors			
			ABDOMINALS				
/10			SHOULDER	Abductors			/10
/10			ELBOW	Flexors			/10
/10			WRIST	Extensors			/10
			FINGER	Grip			
			HIP	Flexors			
/10				Extensors			/10
/10				Abductors			/10
			KNEE	Flexors			
				Extensors- 90°			
/10				Extensors- 0°			/10
/10			ANKLE	Dorsiflexors			/10
/80			TOTAL				/80

* **MMT:** 0=no muscle action, 1=flicker of muscle action, 2=muscle action with gravity counterbalance, 3=muscle action against gravity, 4=muscle action against gravity with some resistance, 5=full muscle strength, (9=not done)

STANDARD SCORE FOR Kendall MMT (0-10 SCALE)		
	FUNCTION OF THE MUSCLE	0-10 SCALE
No Movement		0
Test Movement	MOVEMENT IN HORIZONTAL PLANE	
	Moves through partial range of motion	1
	Moves through complete range of motion	2
	Moves to completion of range against resistance Or Moves to completion of range and holds against pressure Or	3
	ANTIGRAVITY POSITION	
Moves through partial range of motion	4	
Test Position	Gradual release from test position	5
	Holds test position (no added pressure)	6
	Holds test position against slight pressure	7
	Holds test position against slight to moderate pressure	8
	Holds test position against moderate pressure	9
	Holds test position against moderate to strong pressure	10